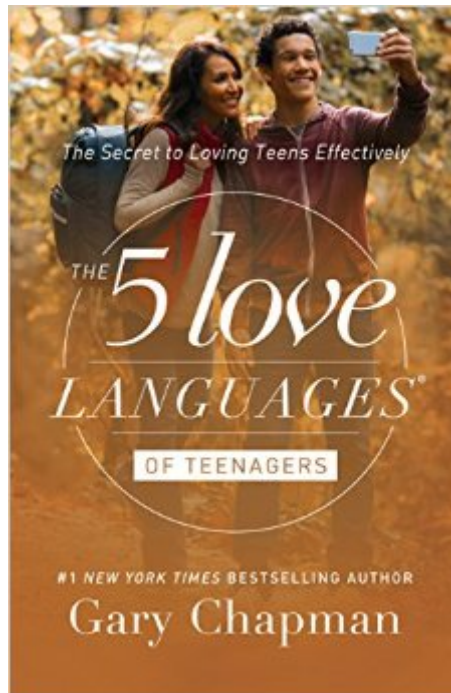


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# The 5 Love Languages Of Teenagers: The Secret To Loving Teens Effectively



## Synopsis

Over 600,000 copies sold! Socially, mentally, and spiritually, teenagers face a variety of pressures and stresses each day. Despite these pressures, it is still parents who can influence teens the most, and *The 5 Love Languages of Teenagers* equips parents to make the most of that opportunity. In this adaptation of the #1 New York Times bestseller *The 5 Love Languages* (more than 10 million copies sold), Dr. Gary Chapman explores the world in which teenagers live, explains their developmental changes, and gives tools to help you identify and appropriately communicate in your teen's love language. Get practical tips for how to: Express love to your teen effectively Navigate the key issues in your teen's life, including anger and independence Set boundaries that are enforced with discipline and consequences Support and love your teen when he or she fails Get ready to discover how the principles of the five love languages can really work in the life of your teenage and family.

## Book Information

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Average Customer Review: 4.8 out of 5 stars See all reviews (237 customer reviews)

Best Sellers Rank: #4,023 in Books (See Top 100 in Books) #12 in Books > Parenting & Relationships > Parenting > Teenagers #275 in Books > Education & Teaching

## Customer Reviews

Note: This review, as well as many more, can also be found on my blog, *The Baking Bookworm* ([www.thebakingbookworm.blogspot.ca](http://www.thebakingbookworm.blogspot.ca)). My Review: As you can see from my reading history on GoodReads or on my blog I'm not a big non-fiction reader so it should come as no shock that I didn't happen upon this book by myself. I learned of it from a friend of mine who had read another book in the series and she had quite positive reviews of it. I had never heard of or read any of Chapman's previous "Love Languages" books but the premise intrigued me. As many of you know I have one teen and two tweens at home. Let's just say that the household hormones runneth over. Over the past couple of years as Boy 1 entered teendom I've noticed differences in how we interact with each

other and they're not always as positive as I would like. So I was eager to see if this book could give me a clearer view of what being a teen in 2013 is like for my son. Overall, I enjoyed this light read, learned a little and was reminded about a lot of parenting tools that I already had in my parenting arsenal. It reminded me of what it's like to be a teen -- how they feel, think etc and helped me to put some of my feelings/reactions into perspective (like not to feel hurt or put out when my teen wants/needs time to himself and doesn't necessarily want to hang with dear old mom). Deep down I knew that but a little reminder was needed. The notion of Chapman's five love languages is an interesting concept. As I read the book I started to look at my kids differently. Each of my kids have different 'love languages' so I tried, over the past few weeks, to figure out how to reach each them with their unique love languages. Boy 1 is not one for hugs (never has been).

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